



2019 - 2020

ANNUAL REPORT



www.sherwoodcs.org

BELIEVING IN ABILITIES



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Sherwood strives to create an inclusive society where children and adults with disabilities have the ability to live full, independent lives as a part of their community. Sherwood will continue to work to ensure all people are included in their communities regardless of race, color, creed, class, Ability, gender identity, and sexual orientation – as people with disabilities exist in every marginalized group.

Inclusion for people with disabilities means valuing a world that enables equity, justice, and opportunity for all.

Mission: Sherwood provides innovative, inclusive services to children and adults with disabilities in their communities.

ABOUT US



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Sherwood was founded in 1957 to serve children who were not included in public schools because of their cognitive disabilities. Schools and society have become more inclusive, yet there still exist unmet needs and barriers. The right education, training; and support can enable people with disabilities to reach their potential and become contributing members of their communities. Today, Sherwood continues to identify and offer services to meet the needs of children and adults with disabilities. These services include Early Intervention for infants and toddlers and Vocational Services for high school seniors and adults.



EARLY INTERVENTION

(birth to three)



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Virtual and In-Person Therapy and Education services for infants and toddlers with a diagnosed disability or delay



Providing customized supports to help each child reach developmental milestones



Parent Coaching Model in the child's natural environment for optimal learning and success

Therapy is a team effort!

Therapists and educators utilize a parent coaching model that really encourages family involvement. The Early Intervention team loves seeing parents and caregivers engaging in therapy sessions so that they become equipped to learn tools and techniques that can continue even when the therapist isn't present. (Many times, siblings even take part!) Sherwood's therapists and coordinators will work with you to set goals, develop a plan to achieve the best outcome for the child, and celebrate with you along the way as the child reaches those goals!

Sherwood therapists and educators completed the Center of Excellence training in 2020 by the University of WA and Seattle Children's Hospital. This intensive training around Autism Spectrum Disorder characteristics, red flags, intervention strategies, Applied Behavior Analysis, supports, and more.

EARLY INTERVENTION

(birth to three)



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Griffin

"I've been working with Griffin since February 2020. Our primary focus has been on fine motor development and self-care skills," says Sarah, Griffin's Occupational Therapist. "Griffin has made great strides over the last several months. He's recently shown a big jump in independence with increased interest and use of utensils during mealtime, helping with dressing tasks and assisting his parents in washing during bath time. He's showing a strong desire to be independent. He now stacks blocks independently, colors on his magnetic drawing board without assistance and he frequently seeks out play with fine motor tasks that used to be a source of frustration for him. It has been so fun to watch him learn and grow over this last year!"



Mayla

Maddie's proudest moment was when Mayla starting putting 2 words together. Maddie reports that Mayla is now saying things on her own like, "Look, Momma! Water" when driving in the car. Another special highlight for Maddie was when Mayla finally said, "I love You," and understood the meaning. When considering whether or not to seek services, Maddie says "Just do it; it's amazing." She adds that Mayla's growth has been so incredible. "Stick with it; the outcome will be life-changing for your child and family."

"Thank you, Sherwood. It's been such a life-changing thing for our family. It's been everything to us."

VOCATIONAL SERVICES

(high school students & adults)



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Sherwood supports high school students and adults with disabilities who are interested in seeking employment and support them every step of the way during the hiring process. Sherwood strives not only to place people in jobs, but to ensure they are in jobs they love. Sherwood believes that every individual with a disability should have an opportunity for meaningful employment that uses their abilities to the highest level and offers a competitive wage. A job leads to increased economic independence, community integration and greater self-worth.

"It means a great deal to me to have a job. They're great folks to work for."

- Cody (Vocational Services Client)

Sherwood's Vocational Services Steps to Success:



A Career Path Plan is Developed

Identify interests and goals



Job Training

Evaluate skills and abilities



Job Support

Develop resume, fill out applications, and attend interviews



Job Placement

Find the right job, on the job support/coaching for long-term success

VOCATIONAL SERVICES

(high school students & adults)



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Pablo, Snohomish County

Congratulations to Sherwood Vocational Program Member, Pablo, for earning a new job at KFC.

His duties help keep the restaurant safe and running. Pablo prepares trays of biscuits, sanitizes tables, chairs, counters, and door handles. He sweeps and mops the lobby and bathrooms. He even makes sure the parking lot stays clean and takes the trash out and recycles the cardboard boxes.

Pablo is such a great team player and if another co-worker needs help, he jumps right in!

Way to go Pablo! We know you are a great addition to the KFC team.



Jessica, Island County

“I don’t want to take a risk and get my parents sick...The hardest thing has been being stuck at home and feeling isolated.” says Jessica. Jessica would usually be taking advantage of multiple services that have been disrupted for her during COVID, but Sherwood has stuck with her. Jessica and her job coaches meet twice per week for mental health support, and to make plans about her future employment once she is able to return to work. Because Jessica experiences acute anxiety she has asked for support to help alleviate some of the symptoms she’s been experiencing in the wake of all the change in her life. Jessica reports that these meetings are a “lifeline.” It would be a “big blow” if these services were cut, as “this is what I look forward to each week.”

DIVERSITY, EQUITY & INCLUSION



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At Sherwood, we believe in the abilities of all people. We honor diversity and promote inclusion for all. Inclusion is a core value that drives our mission of service and advocacy on behalf of individuals with disabilities. Sherwood believes that a broader perspective, increased awareness, and cultural enrichment are gained by having staff and board that reflect diversity. Sherwood's Diversity, Equity, and Inclusion (DEI) Committee work to empower every person's unique culture and intersectional identities. This includes but is not limited to their race, ethnicity, color, religious or non-religious beliefs, traditions, sex, pregnancy (including childbirth, lactation, and related medical conditions), national origin, age, physical and mental disability, marital status, sexual orientation, gender identity, gender expression, military and veteran status, and any other characteristic relevant to their cultural background and/or identity. The Sherwood team, including management, staff, board, and volunteers, believes in and is committed to ongoing personal, professional, and organizational growth relevant to this equity work.

IN THE COMMUNITY



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An average of **332** children receive services monthly 

Financial Report July 1, 2019 – June 30, 2020

BY THE NUMBERS



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104

average number of businesses & sites secured for **jobs** and **volunteer opportunities** for people with disabilities

On average, Sherwood **supports**



152

people per year with Vocational Services



16,137

Number of services to families including speech, occupational, physical, and feeding therapy, special education, deaf education, and family resource coordination (July-June)



11

Number of devices loaned to clients/families during COVID-19

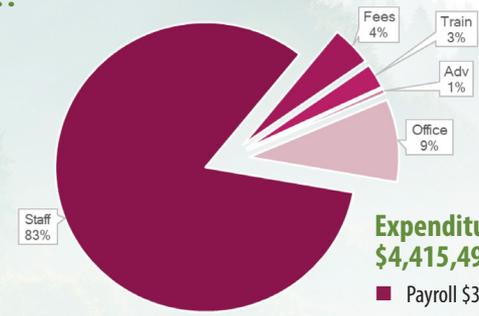


22

Outreach to Pediatricians

78% to **14%**

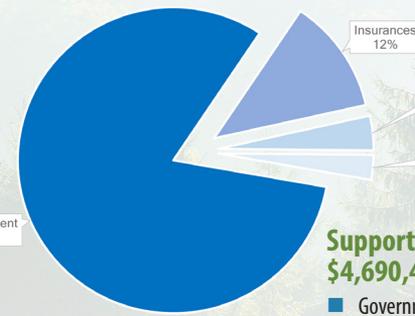
Percentage of job loss due to COVID-19 increased to **32%** in June



Expenditures \$4,415,493 *

- Payroll \$3,682,862
- Professional Fees \$170,153
- Travel & Training \$136,345
- Printing & Advertising \$26,809
- Office \$399,324

*Audited



Support & Revenue \$4,690,431*

- Government Contracts \$3,819,730
- Insurances \$573,897
- Contributions \$173,054
- Other \$123,750

*Audited

THANK YOU FOR BELIEVING



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Sherwood's Individual Partners and

- Ace Hardware
- Adams & Duncan Lawyers
- BECU
- Bickford Ford
- Branch, Richards & Co., P.S.
- Bruno's Pizzeria
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- Coastal Community Bank Employee Giving Fund
- Cronin Family Properties LLC
- DeLorm Family Dental
- Diedrich Espresso
- DM7 Design
- Everett Clinic Foundation
- First Financial Northwest Bank
- First Interstate Bank
- Gaffney Construction
- Halls Lake Mothers of Twins Club
- Hawk's IT Solutions
- Healthy Family Chiropractic
- Heritage Bank
- Integrated Rehabilitation Group
- K&H Integrated Print
- Lake Stevens Ankle and Foot Clinic
- Lake Stevens Brewing Company
- Lake Stevens Chamber of Commerce
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- Nysether Family Foundation
- People's Bank
- Premera Blue Cross
- Reshal Ploger, Compass
- Rotary Club of Lake Stevens
- Shed Gal Portable Buildings
- Soroptimist International of Marysville
- Stanwood-Camano Area Foundation
- Thomas & Associate's Insurance
- Tulalip Tribes Charitable Contributions
- US Bank
- Washington Federal Foundation
- Waste Management
- Whistle Stop Sweet Stop

You could make a difference too!

Visit www.sherwoodcs.org and find out how to add your name to Sherwood's list of donors.



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Lives are changed *when you believe!*